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(Vandoros & Stargardt, 2013),

(Kentikenelis, Karanikolos, Reeves, McKee & Stuckler, 2014)

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(Kyriopoulos, Zavras, Skroumpelos, Mylona, Athanasakis & Kyriopoulos, 2014; Kentikenelis et al., 2011).

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Variable	<i>N</i>	%
Health Insurance		
None	47	46,5
Public insurance	44	43,6
Private insurance	8	7,9
Both public and private insurance	2	2,0
Employment Status		
A worker for pay	44	43,6
A worker without stamps/pay	18	17,8
Unemployed	25	24,7
Retired	13	12,9
Annual Household Income		
Under-6,000E	27	26,7
6-11,999E	33	32,7
12-17,999E	21	20,8
18,000 or more	19	18,8
Job		
None	35	34,7
Public sector	2	2,0
Private employment	16	15,8
Farm/Agriculture	3	3,0
Businessman	45	44,6
Mental health issues		
No	72	71,3
Yes	28	27,7
Family facing mental health issues		
No	63	(62,4)
Yes	36	(35,6)
Use of drugs for mental health issues		
No	88	87,1
Yes	12	11,9
Physical health issues		

Variable	<i>n</i>	%
None	17	16,8
Cardiovascular problems	8	7,9
A type of cancer	5	5,0
Respiratory problems	8	7,9
Gastrointestinal problems	17	16,8
Other problems that have to do with a physical illness	46	45,5

BDI-II (Beck Depression Inventory-II)

BDI-II (Beck Depression Inventory-II) is a self-rated questionnaire consisting of 21 items, each rated on a 4-point scale (0 = not at all, 1 = a little, 2 = quite a bit, 3 = very much). The total score ranges from 0 to 63. Beck (1996) reported a Cronbach's alpha of .86 for the BDI-II. In a study by Fountoulakis, Lekka, Kouidi, Chouvarda, Deligianni, and Malgavera (2013), the Cronbach's alpha for the BDI-II was .81 (Beck, Steer, & Garbin, 1988).

GloDis (Global Disability Scale)

GDS (Global Disability Scale) is a self-rated questionnaire consisting of 30 items, each rated on a 4-point scale (0 = not at all, 1 = a little, 2 = quite a bit, 3 = very much, 4 = extremely). The total score ranges from 0 to 120. Fountoulakis, Lekka, Kouidi, Chouvarda, Deligianni, and Malgavera (2012) reported a Cronbach's alpha of .95 for the GDS. In a study by Fountoulakis, Lekka, Kouidi, Chouvarda, Deligianni, and Malgavera (2012), the Cronbach's alpha for the GDS was .95, and the internal consistency reliability was .74-.94.

30 items, each rated on a 4-point scale (0 = not at all, 1 = a little, 2 = quite a bit, 3 = very much, 4 = extremely). The total score ranges from 0 to 120. Fountoulakis, Lekka, Kouidi, Chouvarda, Deligianni, and Malgavera (2012) reported a Cronbach's alpha of .95 for the GDS. In a study by Fountoulakis, Lekka, Kouidi, Chouvarda, Deligianni, and Malgavera (2012), the Cronbach's alpha for the GDS was .95, and the internal consistency reliability was .74-.94.

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	N	Range	Minimum	Maximum	Mean	Std. Deviation	Variance
BDIScore	96	56	0	56	15,94	12,380	153,259
GloDisScore	97	84	0	84	17,23	15,936	253,969
STAIState	96	50,00	27,00	77,00	55,2187	12,83187	164,657
STAITrait	97	48,00	27,00	75,00	48,2680	11,62658	135,177
Valid N (listwise)	92						

5

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			BDIScore	GloDisScore	STAIState	STAITrait
Spearman's rho	BDIScore	Correlation Coefficient	1,000	,530**	,713**	,849**
		Sig. (2-tailed)	.	,000	,000	,000
		N	96	94	93	94
	GloDisScore	Correlation Coefficient	,530**	1,000	,415**	,456**
		Sig. (2-tailed)	,000	.	,000	,000
		N	94	97	93	94
	STAIState	Correlation Coefficient	,713**	,415**	1,000	,799**
		Sig. (2-tailed)	,000	,000	.	,000
		N	93	93	96	96
	STAITrait	Correlation Coefficient	,849**	,456**	,799**	1,000
		Sig. (2-tailed)	,000	,000	,000	.
		N	94	94	96	97

** . Correlation is significant at the 0.01 level (2-tailed).

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GloDis

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μ (n=92>50)

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 =0,084, Df=92, sign=0,12)) STAI-state (- =0,067, Df=92, sign=0,20).

STAI-state sign=0,20>0,05 STAI-trait sign=0,12>0,05.

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 & $\mu_1 > \mu_2 > \mu_3$, 2010). BDI

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$\mu_1 > \mu_2 > \mu_3$ Kruskal-Wallis
 $\mu_1 > \mu_2 > \mu_3$ Spearman rho .

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	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
BDIScore	,149	92	,000	,879	92	,000
GloDisScore	,136	92	,000	,852	92	,000
STAIState	,067	92	,200*	,976	92	,091
STAITrait	,084	92	,124	,971	92	,039

a. Lilliefors Significance Correction

*. This is a lower bound of the true significance.

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sign=0,848>0,05, μ μ , 2, μ μ .

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STAITrait	N	Mean	Std. Deviation	Std. Error	95% Confidence Interval for Mean		Minimum	Maximum
					Lower Bound	Upper Bound		
A worker for pay	44							75,00
A worker unemployed	16							69,00
retired	24	7.1667	2.22494	.49541	2.0045	2.3288	7.00	69,00
Total	13							71,00
Total	107							75,00

8

μ μ

STAITrait

Levene Statistic	df1	df2	Sig.
,307	3	93	,820

9

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STATrait

	Sum of Squares	df	Mean Square	F	Sig.
Between Groups	111,297	3	37,099	,268	,848
Within Groups	12865,734	93	138,341		
Total	12977,031	96			

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STAIState

	N	Mean	Std. Deviation	Std. Error	95% Confidence Interval for Mean	
					Lower Bound	Upper Bound
A worker for pay	44	54,2273	12,11738	1,82676	50,5433	57,9113
A worker without stamps	15	59,0667	14,38485	3,71415	51,1006	67,0328
unemployed	24	55,5000	13,82814	2,82266	49,6609	61,3391
retired	13	53,6154	12,01762	3,33309	46,3532	60,8776
Total	96	55,2188	12,83187	1,30965	52,6188	57,8188

11

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STAIState

Levene Statistic	df1	df2	Sig.
,330	3	92	,803

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STAIState

	Sum of Squares	df	Mean Square	F	Sig.
Between Groups	300,669	3	100,223	,601	,616
Within Groups	15341,738	92	166,758		
Total	15642,406	95			

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13

μ GloDis

work1	N	Mean Rank
GloDisScore A worker for pay	43	47,52
A worker without stamps	16	47,63
Unemployed	25	51,76
Retired	13	50,27
Total	97	

15

 μ *BDI-II*

	work1	N	Mean Rank
BDIScore	A worker for pay	43	47,69
	A worker without stamps	15	51,43
	unemployed	25	49,88
	retired	13	45,15
	Total	96	

16

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			BDIScore
Chi-square			,453
Df			3
Asymp. Sig.			,929
Monte Carlo Sig.	Sig.		,929 ^a
	95% Confidence Interval	Lower Bound	,924
		Upper Bound	,934

a. Based on 10000 sampled tables with starting seed 112562564.

b. Kruskal Wallis Test

c. Grouping Variable: work1

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			Annual House- hold Income	BDIScore
Spearman's rho	Annual Household Income	Correlation Coefficient	1,000	-,106
		Sig. (1-tailed)	.	,154
	BDIScore	Correlation Coefficient	-,106	1,000
		Sig. (1-tailed)	,154	.

a. Listwise N = 95

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		Annual House- hold Income	STAIState
Annual Household Income	Pearson Correlation	1	,057
	Sig. (1-tailed)		,290
STAIState	Pearson Correlation	,057	1
	Sig. (1-tailed)	,290	

a. Listwise N=95

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			Annual House- hold Income	GloDisScore
Spearman's rho	Annual Household Income	Correlation Coefficient	1,000	-,056
		Sig. (1-tailed)	.	,294
	GloDisScore	Correlation Coefficient	-,056	1,000
		Sig. (1-tailed)	,294	.

a. Listwise N = 96

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		Annual House- hold Income	STAITrait
Annual Household Income	Pearson Correlation	1	-,039
	Sig. (1-tailed)		,354
STAITrait	Pearson Correlation	-,039	1
	Sig. (1-tailed)	,354	

a. Listwise N=96

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